



KP DRAGON FIT



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KP DRAGON FIT DRAGON BOAT TEAM

Kaiser Permanente Dragon Fit invites you, KP employees, families, and friends to join our team. Pick up a paddle, improve fitness, develop friendships, and foster teamwork!



RECRUITMENT DAY

Sunday May 4th | 7:15AM - 10:00AM

Mother's Beach | 5839 Appian Way, Long Beach, CA 90803

Sign up and complete waivers to join: <https://tinyurl.com/KPDF2025>



@KPDragonFit



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