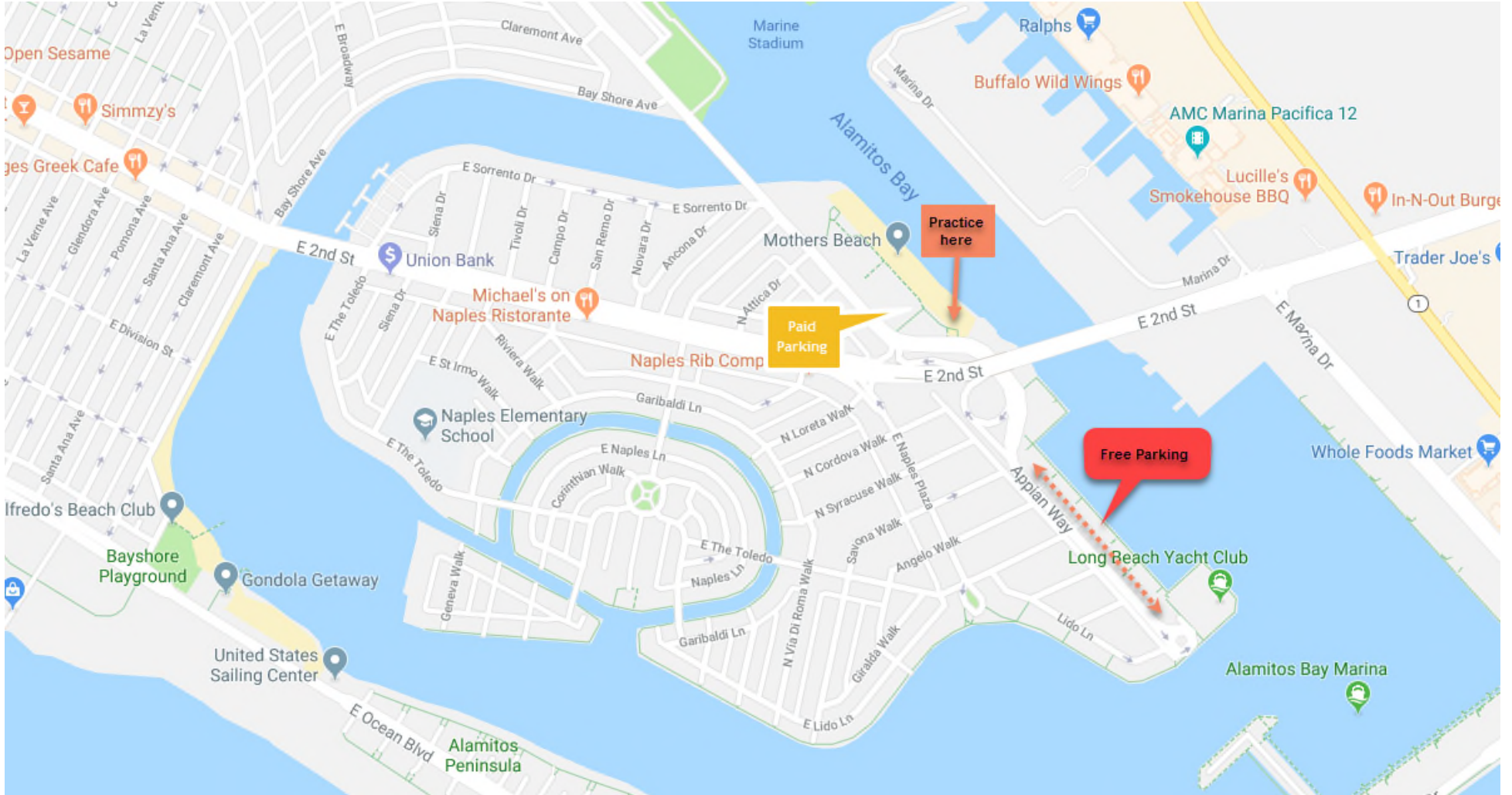


# Mother's Beach – Marine Park

5839 E Appian Way Long Beach, CA 90802

## Kaiser Permanente DragonFit

Practice from 7:30 am – 9:30 am PST, Saturdays



Note the PRACTICE AREA in orange, near the sand. Photos are included on the next page.

There is PAID PARKING (starts the clock at 8 am) near the practice area. OR you can park in the Boy Scout lot which is a FREE, but 2 block away.



We practice near this sandy area. You can see the boats in this pic



We will be set up in the grass area (behind the sandy area, near the street)



From the beach view above, you can see the PAID parking lot on the right.



This is the same view but a little more to the right. We practice on the left